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# MEDITERRANEAN DIET RECIPES: 42 AMAZING MEDITERRANEAN DIET RECIPES FOR WEIGHT LOSS



Sara Banks

Createspace, United States, 2014. Paperback. Book Condition: New. 224 x 148 mm. Language: English. Brand New Book DISCOVER THE AMAZING HEALTH AND WEIGHT LOSS BENEFITS OF THE MEDITERRANEAN DIET! ARE YOU READY TO EXPERIENCE AMAZING WEIGHT LOSS AND IMPROVED HEALTH BENEFITS OF THE POPULAR MEDITERRANEAN DIET? Are you looking to lose weight and burn fat while improving your overall health? Science has spoken and touted the amazing health and weight loss benefits of the Mediterranean Diet. Thousands of people...

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- Authored by Sara Banks
- Released at 2014



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