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LIVIN LAVIDA GRANDE: WHY YOU CAN T LOSE WEIGHT (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. This book is the first in a series and takes a delightful, and at times hilariously honest, look at things going on in our body and in our mind as we try to lose weight. Author Raynette Ilg N.D. knows that weight loss is hard and she knows its even harder if you don't have all of the right...

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- Authored by Ray Ilg Nd
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