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## R Competence and Self-Care in Counselling and Psychotherapy Gerie Hughes

## COMPETENCE AND SELF-CARE IN COUNSELLING AND PSYCHOTHERAPY (PAPERBACK)

Taylor Francis Ltd, United Kingdom, 2014. Paperback. Condition: New. Language: English. Brand New Book. What is it that makes a counsellor or psychotherapist competent? In Competence and Self-Care in Counselling and Psychotherapy, Gerrie Hughes offers a framework for understanding what being competent means for individual practitioners, both generally and in moment-by-moment work with clients. Divided into two sections, Part One, The Competent Self, and Part Two, Care of the Self, the book explores care and replenishment of the self...

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- Authored by Gerrie Hughes
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