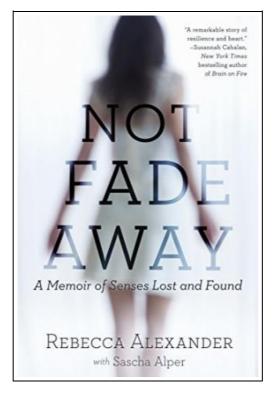
Not Fade Away: A Memoir of Senses Lost and Found (Paperback)



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Reviews

This publication may be worth purchasing. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Cassandra Von)

NOT FADE AWAY: A MEMOIR OF SENSES LOST AND FOUND (PAPERBACK)



Penguin Putnam Inc, United States, 2015. Paperback. Condition: New. Reprint. Language: English. Brand New Book. The inspiring and moving memoir of a young woman who is slowly losing her sight and hearing yet continues to live life to its fullest potential. Even a darkening world can be brilliantly lit from within. Born with a rare genetic mutation called Usher syndrome type III, Rebecca Alexander has been simultaneously losing both her sight and hearing since she was a child, and she was told that she would likely be completely blind and deaf by thirty. Then, at eighteen, a fall from a window left her athletic body completely shattered. None of us know what we would do in the face of such devastation. What Rebecca did was rise to every challenge she faced. She was losing her vision and hearing and her body was broken, but she refused to lose her drive, her zest for life, or--maybe most important--her sense of humor. Now, at thirty-five, with only a sliver of sight and significantly deteriorated hearing, she is a psychotherapist with two masters degrees from Columbia University and an athlete who teaches spin classes and regularly competes in extreme endurance races. She greets every day as if it were a gift, with boundless energy, innate curiosity, and a strength of spirit that have led her to places we can t imagine. In Not Fade Away, Rebecca tells her extraordinary story, by turns harrowing, funny, and inspiring. She meditates on what she s lost--from the sound of a whisper to seeing a sky full of stars, and what she s found in return--an exquisite sense of intimacy with those she is closest to, a love of silence, a profound gratitude for everything she still has, and a joy in simple pleasures that most...



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