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GOLF Magazine's the Par Plan: A Revolutionary System to Help You Shoot Your Best Score in 30 Days

By Editors Golf Magazine

Time Inc Home Entertainment. Hardback. Book Condition: new. BRAND NEW, GOLF Magazine's the Par Plan: A Revolutionary System to Help You Shoot Your Best Score in 30 Days, Editors Golf Magazine, The Par Plan dispels the myth that a golfer needs to be a shot-making machine to score in the 70s. Not only is this not true, it's also an unrealistic goal for the vast majority of recreational players. Instead, The Par Plan shows readers how to honestly assess their games in seven key areas and apply simple changes to each over the course of a few weeks. The plan focuses on efficient practice, not just more practice. Each week's practice and lesson schedule is designed to sequentially build the correct skills. Positive swing changes happen automatically as a result. The seven critical areas are: impact, scoring shots, driving accuracy, short games, putting, strategy, and bunker play. Following the plan, complete with weekly practice worksheets and self-check guides, guarantees that players' overall games-and scores-will improve. The Par Plan is backed by over 2,000 years of combined instruction experience and has already helped thousands of golfers shoot their best scores, hit the ball farther and have more fun.



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