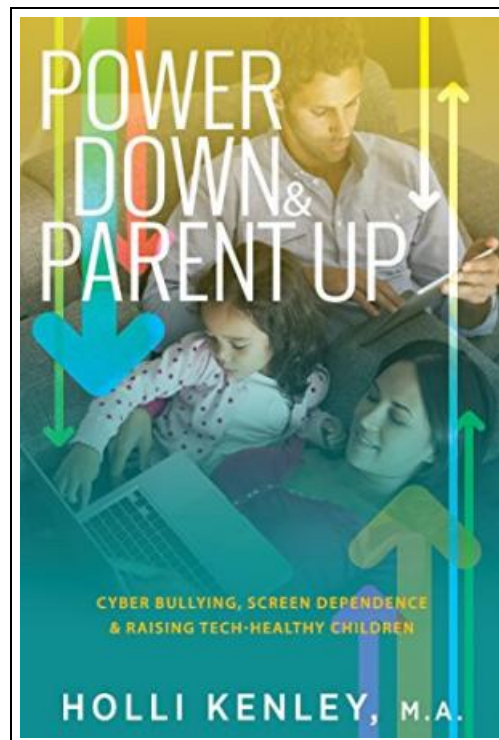


Power Down Parent Up!: Cyber Bullying, Screen Dependence Raising Tech-Healthy Children (Paperback)



Filesize: 7.15 MB



Reviews

*Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time.
(Prof. Ron Gaylord II)*

POWER DOWN PARENT UP!: CYBER BULLYING, SCREEN DEPENDENCE RAISING TECH-HEALTHY CHILDREN (PAPERBACK)



Loving Healing Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Electronic Media Can Endanger As Well As Empower Your Kids In this decade, our digital world has grown exponentially as has the degree of time both adults and children are spending on their screens. Not surprisingly, researchers are discovering a myriad of unhealthy behaviors associated with excessive screen time. In *Power Down Parent Up*, Kenley expands on her groundbreaking book *Cyber Bullying No More*, giving parents/guardians effective strategies to integrate into their lives and their children's. How can we navigate a tech-driven world and raise tech-healthy children? Tackle cyber bullying head-on by implementing a concise Parent Up approach with proven strategies for Protection, Intervention, and Prevention. Power Down on screen dependence and become fully informed about its growing health concerns and consequences. Learn Seven Proactive Practices such as goal setting and creating a family plan to reduce screen time. Discover Four Healthy Guidelines to our parenting toolbox such as learning how to communicate about the false nature of cyber worth and cultivate our children's real worth. Rather imply that families can return to some idealistic less complicated time without Facebook, sexting, social networks, and Twitter, and whatever else comes along, Kenley's booklet will help parents mitigate possible harm to their children as they integrate this technology hopefully into healthy lives and relationships. --Ronald Mah, M.A. LMFT, author of *Difficult Behavior in Early Childhood* and *The One Minute Temper Tantrum Solution* Holli addresses children's readiness for technology as well as rules, contracts and education for parents to consider for their children as they introduce or allow entry of new technology into their lives. Cyber bullying and victimization are concerns addressed as well as internet resources for parents, with tools for...

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