



Nitnem and Ardaas

By Manmohan Singh Sethi

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.This prayer book is the kind manifestation of Waheguru ji s grace. It is aimed to assist all, especially the young and those who do not understand Gurmukhi yet, to do Nitnem. Prayer is an essential part of Sikhism. As food nourishes and strengthens the body, prayer purifies the mind uplifts the soul. Sikhs are ordained to rise in the morning and meditate on the Name of God Waheguru . They are also expected to do Nitnem which literally means Daily Routine . Nitnem is composed of a collection of five prayers to be done during different periods of the day. Morning (3 prayers) Japji Sahib, Jaap Sahib and Sawaiye. Evening (1 prayer) - Rehras Sahib Night (1 prayer) - Kirtan Sohila Ardaas should be done after every prayer session. I have included Ardaas for the reader in this book too. The person who forms the habit of doing Nitnem daily, ultimately experiences bliss and peace. While the best experience would be derived from reading the prayers in Gurmukhi, there should be no hindrance for anyone who does...

DOWNLOAD



READ ONLINE

[5.76 MB]

Reviews

Undoubtedly, this is the finest job by any article writer. it had been writtern very perfectly and beneficial. Its been printed in an exceedingly simple way in fact it is only following i finished reading this ebook by which basically modified me, modify the way in my opinion.

-- Lane Dicki

It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Conor Grant

You May Also Like



Genuine] Whiterun youth selection set: You do not know who I am Raouxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title: Snow Man youthful selection set: I do...



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating co-authored by Greg Behrendt, former writer on...



Leave It to Me (Ballantine Reader's Circle)

Ballantine Books. PAPERBACK. Book Condition: New. 0449003965 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!!!! * I am a...



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can teach your child about a virtue or...



Joey Green's Rainy Day Magic: 1258 Fun, Simple Projects to Do with Kids Using Brand-name Products

Fair Winds Press, 2006. Paperback. Book Condition: New. Brand new books and maps available immediately from a reputable and well rated UK bookseller - not sent from the USA; despatched promptly and reliably worldwide by Royal Mail;