



Hidden Wisdom: A Guide to the Western Inner Traditions

By Jay Kinney

Quest Books. Paperback. Condition: New. 430 pages. This book is meant for those who have ever thought there's something deeply wrong in their life or the state of the world in general. So often we're troubled by the anxieties of everyday life, numbly repeating daily rituals with no significance or inner meaning. Contemporary seekers long for a deeper spirituality that, while rooted in Western tradition, will reconnect them with the hidden wisdom that lies beneath all mystical teachings. For decades, our modern society has looked to the East for spiritual guidance and renewal. Here is a guide much closer to home that will lead to a refined and renewed spiritual path and help people rediscover their deeper selves—a true connection of the body, mind, and soul. Covering the gamut from Kabbalah, Gnosticism, and Sufism to Shamanism, Neopaganism, Theosophy, and mystical Christianity, *Hidden Wisdom* is the handbook to the Western wisdom traditions. Authors Smoley and Kinney examine the key figures and movements of these traditions throughout history to offer a balanced and coherent view of esoteric Western practices. This item ships from multiple locations. Your book may arrive from Roseburg, OR, or La Vergne, TN. Paperback.

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