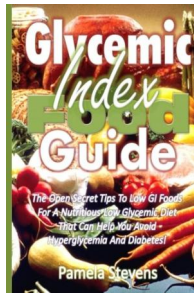


Glycemic Index Food Guide: The Open Secret Tips to Low GI Foods for a Nutritious Low Glycemic Diet That Can Help You Avoid Hyperglycemia and Diabetes! (Paperback)



Book Review

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(Dr. Wyatt Morissette)

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