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FAITH: TRUSTING YOUR OWN DEEPEST EXPERIENCE



Penguin Publishing Group, 2003. Paperback. Book Condition: New. Reissue. 198 x 130 mm. Language: English . Brand New Book. In this beautifully written work, one of America s most beloved meditation teachers offers discerning wisdom on understanding faith as a healing quality. Through the teachings of Buddha and insight gained from her lifelong spiritual quest, Salzberg provides us with a road map for cultivating a feeling of peace that can be practiced by anyone of any tradition.

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- Authored by Sharon Salzberg
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