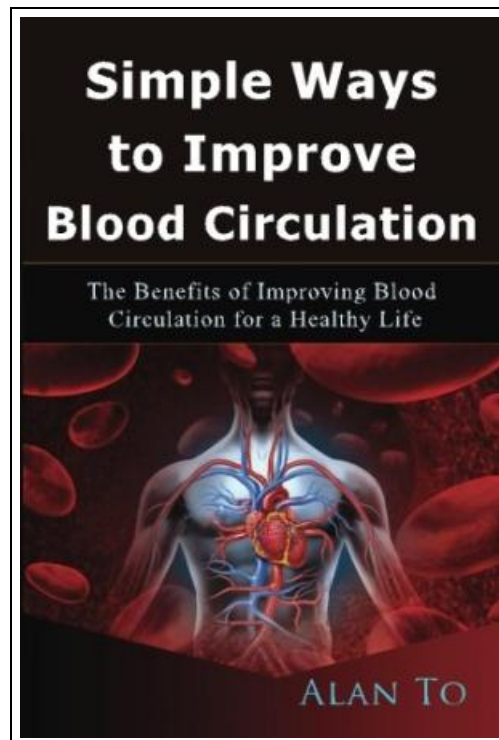


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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Every human body is coursing with the serum of life; Blood. Without it, essentially none of our bodily functions or organs would work. Without it, we would not exist. Blood delivers vital nutrients, oxygen, hormones, and sugars to our cells. Blood plays an important role in how our bodies look, function, and heal. Proper blood circulation dictates what kind of appearance we have, which could affect opportunities in life such as job opportunities, promotions, finding partners, and even how you are treated by the general public. Poor blood circulation also impacts multiple metabolic and cardiovascular functions throughout your whole body. Some people looks very old at the age of 30, while some people looks very young at the age of 40 or even 50. The difference is that the people who have youthful appearance live a healthy life and proper blood circulation is a must. This book will take you through the various ways proper blood circulation plays a crucial role in your life, and why it is important to maintain your cardiovascular system for proper blood circulation. The benefits of proper blood circulation includes good looking appearance, youthful vibrant appearance, stronger immune system, ability to fight any type of infection, prevent various of pains, healthier body, better sex life, more motivated life. Proper blood circulation reaches into all aspects of our lives and the way we are able to enjoy it with healthy body. Healthy people earn more money in their lifetime because they spend more time at work, not having to take as many sick days off. Healthy people are also more likely to be promoted at work to positions with higher salaries. Most importantly, this book share...



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