



Surviving a Borderline Parent How to Heal Your Childhood Wounds & Build Trust, Boundaries, and Self-Esteem

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New Harbinger Publications, Oakland, CA, 2003. Paperback. Condition: New. First Edition. (full book description) New Harbinger Publications, Oakland, CA, 2003. 1st Edition 4th Printing, NEW, Paperback, Size=6."x9.", 185pp(refs.). Brand New Copy. 2006 fourth Printing. Clean, very tight and bright. No ink names, tears, chips, foxing, underlines etc. ISBN 1572243287 SELLING WORLDWIDE SINCE 1987. WE PACK WITH GREAT CARE, 99% OF OUR BOOKS ARE SHIPPED IN CUSTOM BOXES!. Book.



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