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CASTLE - BROKEN: WHEN APPEARANCES ARE EVERYTHING (PAPERBACK)



Tenth Street Press, 2018. Paperback Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Body Dysmorphic Disorder, more specifically its subcategory; Muscle Dysmorphia aka Bigorexia involves symptoms that affects men through feelings of shame as it grows within the secrecy of an overly masculinized culture. Symptoms include anabolic steroid use and engaging in mechanical routines that both affect quality of life in a destructive way. The consistent need to have more lean muscle mass and less...

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- Authored by L a Meier
- Released at 2018



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