



## Adult Coloring Journal: AI-Anon (Animal Illustrations, Rainbow Canvas) (Paperback)

By Courtney Wegner

Adult Coloring Journal Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts - 40 expression pages for jotting down personal reflections, quotes, poems or sketches - 40 professionally illustrated adult coloring images of varying difficulty - High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.



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### Reviews

*It is a of my personal favorite book. It is written in easy terms and never hard to understand. It has been designed in an exceedingly easy way and it is only after I finished reading this publication by which in fact changed me, change the way I think.*

-- **Lucinda Stiedemann**

*Absolutely essential read through ebook. Better than never, though I am quite late in start reading this one. I am just delighted to inform you that this is actually the finest ebook I actually have read through during my own existence and might be the greatest publication for actually.*

-- **Ms. Vernie Stracke**