



## Dear Dr. Wes: Real Life Advice for Parents of Teens

By Wes Crenshaw PhD

Family Psychological Press, United States, 2011. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a unique book of advice and commentary for the parents of teenagers, co-written by teenagers themselves. It combines Dr. Wes Crenshaw s nineteen years of clinical experience as a board certified family psychologist with the natural wisdom and empathy of eight really sharp sixteen- to eighteen-year-olds, each of whom spent a year writing for the Double Take advice column. Though entertaining in tone, the book offers serious, honest and practical guidance to parents on real world adolescent issues: sex, contraception, pregnancy, sexual identity, mental health, cutting, falling in love, breaking up, friendship, divorce, the future, teen technology, parent-child conflict, suicide, foster care, school success and failure, fear and hope and many other issues in the middle and high school years. Most of the advice was written in response to letters sent by parents and teens to The rest were written on topics selected by the authors based on teen trends and current events. In addition to specific suggestions on each problem, the authors share a thoughtful social commentary on how the world influences the...



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