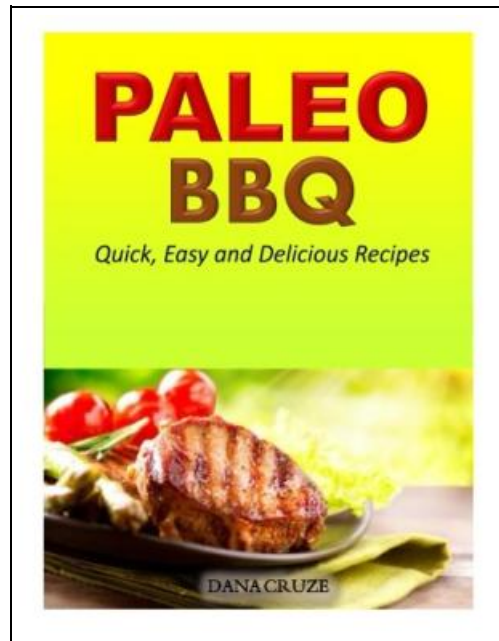


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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 52 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. Paleo BBQ: Quick, Easy and Delicious Recipes Many people consider paleo to be a very restricted diet where they cannot enjoy different tastes or ingredients. Well, people cannot be more wrong because you can enjoy almost anything in paleo all you have to do is stay away from processed foods and some other food items that are not going to do you any good and you are all set to go. Since summers are just round the corner we decided to give your taste buds a tasty treat and therefore we combined for you delicious paleo BBQ recipes that you can prepare in your backyard while enjoying the hot summer breeze. In this recipe book you will find: 1. Delectable Paleo BBQ recipes that you can cook in backyard parties or picnics. 2. Nutritional information for each recipe to help you keep track of your calories. 3. Serving size to help you plan your meals beforehand. 4. Cooking time so that you can plan your day accordingly. 5. Recipes of paleo friendly sauces and condiments that you can prepare at home. We have included easy-to-cook recipes that you can enjoy in this summer season with your loved ones. So tie your apron and get the grill ready in your backyard to enjoy these mouthwatering recipes. This item ships from La Vergne, TN. Paperback.

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