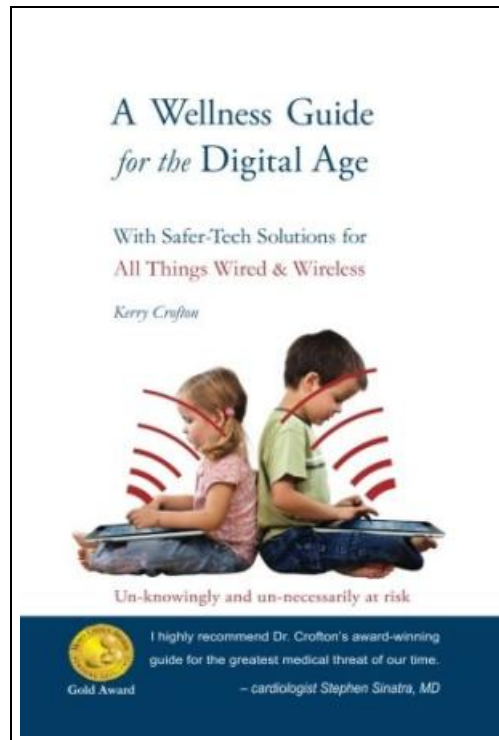


A Wellness Guide for the Digital Age (Paperback)



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Reviews

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(Julia Mohr II)

A WELLNESS GUIDE FOR THE DIGITAL AGE (PAPERBACK)



Global Wellbeing Books, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.[This is the new edition of Wireless Radiation Rescue.] This generation spends most of their time inside, on digital devices, immersed in harmful levels of wireless radiation. Many are tech-obsessed and disconnected - from themselves, each other and the natural world. Most parents and grandparents are unknowingly putting their children - born and unborn - at risk with the unsafe use of all things wired and wireless. We want our children to be tech-savvy, but we also want them healthy - they can be connected in this digital age in much safer ways - at home and at school. And many people are taking great care to age well but missing a key strategy - living in a safer-tech environment. Here s what all of us need to know: the research and recommendations with easy and affordable solutions from the world s leading experts: How to keep the convenience of digital and mobile devices and reduce the potential health hazards - at all stages of life: - Pregnancy and Parenting - from conception to college - and beyond require safer-tech solutions as never before, as the born and unborn are exposed to harmful - government-sanctioned - levels of radiation: wired and wireless; - The mindful use of technology so we don t become tech-obsessed with the latest on digital addiction and our digital detox program - discovering the delights of unplugging now and then and reconnecting with ourselves, each other and the natural world; - New discoveries for healthy aging in this digital age. Our international team of experts also offer in this guide: A summary of the science: A detailed survey to assess risks and symptoms Simple strategies targeting: sleep...

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**Hope for Autism: 10 Practical Solutions to Everyday Challenges**

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Hope for Autism: 10 Practical Solutions to Everyday

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**The Savvy Cyber Kids at Home: The Defeat of the Cyber Bully**

Createspace, United States, 2014. Paperback. Book Condition: New. Taylor Southerland (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The adventures of CyberThunder (Tony) and CyberPrincess (Emma) continue in

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