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# NATURAL AND HERBAL REMEDIES FOR HEADACHES: STOREY S COUNTRY WISDOM BULLETIN A.265 (PAPERBACK)



Storey Publishing, United Kingdom, 2001. Paperback Condition: New. Language: English . Brand New Book Headaches, which range from mere annoyance to debilitating pain, are the most common health complaint in North America. Over-the-counter medications offer only temporary relief, and prescription drugs can cause serious side effects. Wouldn t you love to know how to treat - and prevent - your headaches effectively, safely, and naturally? In Natural Herbal Remedies for Headaches, Elizabeth Wotton, a licensed naturopathic physician, explains the nature...

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- Authored by Elizabeth Wotton
- Released at 2001



#### Reviews

This is the very best publication we have read through right up until now. It is one of the most incredible book we have read through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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