Slim to None: A Journey Through the Wasteland of Anorexia Treatment



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SLIM TO NONE: A JOURNEY THROUGH THE WASTELAND OF ANOREXIA TREATMENT



McGraw-Hill Education - Europe, United States, 2004. Paperback. Book Condition: New. New edition. 206 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. An important book.Jenny Hendricks diary entries speak to us directly without manipulation, but with the plain truth of who she is, and what she perceives about others.A valuable head-start to understanding one anorexic s personality. - Steven Levenkron, psychotherapist and author of The Best Little Girl in the World . [Jennifer Hendricks].fought to be cured of anorexia nervosa. But as the diary she kept shows, a widespread lack of understanding about eating disorders and scattergun treatment programs make the battle almost insurmountable.a sorrow to read. - New York Times . Patients voices can all too easily be forgotten in the world of mental health care, but Jenny s voice rings strong. Through this earnest and captivating exposure, her father succeeds in keeping her story alive. - David B. Herzog, M.D., president and founder of the Harvard Eating Disorders Center.This eloquently written, heart-wrenching book shares a brave but tormented young woman s candid chronicle of her long and ultimately fatal battle with the eating disorder anorexia. In Slim to None , the late Jenny Hendricks speaks to you from her own carefully detailed personal journals - a practice suggested as treatment by one of her many doctors. Gently edited and narrated by her father, this book vividly illustrates Jenny s intense emotional struggles - her pride at improving her health clashing with her undefined guilt over eating, her internal conflict between will and reason, and the dispiriting war between self-confidence and self-doubt that plagued her.Most of all, here is an amazing account of the efforts to understand the root of an illness that continues to confound the mental-health system, even at the dawn...

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