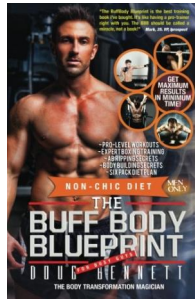


## The Buff Body Blueprint: Busy Guys Body Transformation Complete Diet and Fitness Plan



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