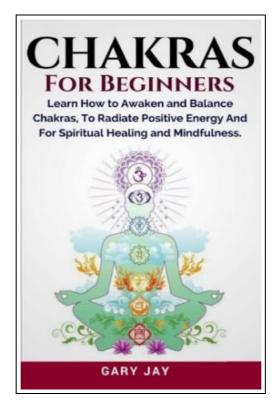
### Chakras for Beginners: A Guide to Awaken and Balance Chakras to Radiate Positive Energy and for Spiritual Healing, Mindfulness, Meditation, Enlightenment and Consciousness (Paperback)



Filesize: 8.88 MB

### Reviews

This book is definitely not effortless to start on reading through but extremely fun to learn. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book. (Aliya Franecki)

# CHAKRAS FOR BEGINNERS: A GUIDE TO AWAKEN AND BALANCE CHAKRAS TO RADIATE POSITIVE ENERGY AND FOR SPIRITUAL HEALING, MINDFULNESS, MEDITATION, ENLIGHTENMENT AND CONSCIOUSNESS (PAPERBACK)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. LEARN HOW TO BALANCE, AWAKEN CLEAR ALL 7 CHAKRAS, HEAL YOURSELF AND RADIATE POSITIVE ENERGY. DO YOU EVER FEEL LOST AND EMPTY WITHIN? ARE YOU LOOKING FOR A CHEERFUL, ENERGETIC AND HAPPY LIFE? THEN THIS BOOK IS FOR YOU. CHAKRAS For Beginners is aimed at educating the readers about the Power of the 7 energy points called chakras, located along the spine. All these chakras are connected to each and every Organ/Gland. If any of the chakra is unbalanced, it can lead to major diseases and complications (mental physical); which is the reason why we are dull, exhausted, sad and life-less. BUT DON T WORRY. If you are ready to change your life, then look no further. You have the RIGHT book in your hand. Learn to balance these 7 CHAKRAS and discover the science behind chakra healing. Tap your inner energy and your life won t be the same. The 7 chakras are- Sahasrara Chakra - The Crown Agnya Chakra - The Third EyeVishuddhi Chakra - The ThroatAnahata Chakra - The HeartBhava Saagar - The VoidNabhi Chakra - The Solar PlexusSwadishthana - The Sacral ChakraMooladhara - The Root Chakra Here is A Preview Of What You Il Learn in CHAKRAS For Beginners. What are chakras and how they work Why we need to balance our chakras to cope with this modern life style The techniques to balance all The 7 chakraschakra mediation and healingTips and Affirmations for practicing chakras balance to enhance your lifeQuestions for Self EvaluationMuch, much more! Get your copy Now!.

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