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## OVERCOMING PATHOLOGICAL GAMBLING

Overcoming Pathological Gambling: Therapist Guide

> Robert Ladouceur Stella Lachance

OXFORD UNIVERSITY PRESS

Oxford University Press, USA. Hardcover. Condition: New. 144 pages. Dimensions: 10.0 in x 7.0 in x 0.7 in.As gambling becomes more prevalent and more accessible in our society, pathological gambling is growing as a serious problem. In most instances, excessive gambling negatively affects a persons home, social, and professional life, as well as leads to serious financial trouble. In repeated trials, cognitive-behavioral therapy has proven an extremely effective treatment for this problem. Written by the developers of an empirically supported CBT program for...

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